

# Principles and practices in realising the child's right to play

## - A Distance Training Course

A Chance to Play South Africa (ACTP) is excited to offer you the opportunity to register for our distance training course – 'Principles and Practices in Realising the Child's Right to Play'.

Play is one of the most important activities of childhood, yet it is one of the most neglected of all children's rights (The Right to Play and Recreation – Article 31 of the UN Convention on the Rights of a Child). Research shows that the strongest indications of long-term success are the skills that cannot be taught, but are learnt through free, child-directed play e.g. leadership, teamwork, getting along with others, planning and organising, self-management, using initiative, creativity, problem-solving, decision-making, independence, confidence and communication skills.

After years of facilitating successful face-to-face training workshops, ACTP is offering a distance training course to minimise the high costs of transport and accommodation, as well as accommodating the time constraints of staff involved with other projects. Participants can study in their own homes or work environment. This course offers far more detail than is possible in our 3-day training workshop or 6-session virtual workshop series.



Let's put  
play  
on the map

### The ACTP Distance Course will equip you/your staff with knowledge about:

- What play really is, its importance in children's development and wellbeing and observing play
- The physical, cognitive, social and emotional benefits of different types of play including outdoor play, group games, pretend play, loose parts play, creative play, indigenous games and thinking play (brain games)
- The right of children to play and the barriers that prevent play from happening
- How to enable play in a variety of situations for children of different ages and abilities (Play Forums; Play Clubs; Street Play; How to organise Play Days); Advocacy and Lobbying.

### Requirements:

- Competency in English
- Access to a computer for processing the Course Material and preparing the Assignments
- Access to email to send the Assignments and to receive the trainer's comments
- Access to Skype, Zoom or WhatsApp Video Chat
- Educational level: At least a matriculation certificate or equivalent

## Who Will Benefit From Undertaking This Training?

It is our hope that those who undertake this training will commit to providing recreational play opportunities for their own families and in other environments such as parks, suitable open spaces, recess at school, after school clubs including play clubs where children of all ages and abilities can benefit from the opportunity to play.

- ✦ Youth leaders, after-school club facilitators, teachers at all levels, child and youth care workers, community workers, sport & recreation officers, parks department officers, parents, those involved with faith-based groups, playground developers and anyone who is passionate about improving children's wellbeing and making a difference in their lives.
- ✦ Organizations working with children of any age or ability. Participants can freely share the knowledge gained with their co-workers and the community.
- ✦ Unemployed youth known by the community with leadership potential and an interest in working with children who can then volunteer to become involved in/initiate play programmes.

## Training material consists of:

A thumb drive (memory stick) with 8 easy to read Information Units in an interactive pdf format (235 pages). Hundreds of photographs illustrate key concepts making the material easy to understand. Details of the Units are available on request.

36 videos that demonstrate games and types of play – these can be viewed online through direct links or on the thumb drive, if no internet is available.

18 Reference documents that can be viewed online through direct links or on the thumb drive

Model answers to 11 special tasks which require answers to be written in a notebook (supplied), for the purpose of self-monitoring.

The "A Chance to Play Manual" which is used as a reference throughout the course. The course material clearly directs you to the relevant information in the Manual.

Three Assignments which must be completed and sent to ACTP by the due dates (every 6 weeks). Each Assignment will be reviewed and feedback provided after which there will be a Skype/Zoom/WhatsApp discussion to clear up any misunderstanding.

A Course Evaluation Form.

Indigenous games

A Certificate of Completion will be issued if an adequate level of understanding of the course material is demonstrated by the responses to the questions in the Assignments. The course can be completed in less than 6 months, although there is no time limit. Some participants have completed it in 3 months

Feedback Report: ACTP will request feedback about Implementation after 6 months.

## Cost:

The cost is  
**R 2 450**  
per person

Includes all the training material detailed below, courier costs, the review of the Assignments, online or WhatsApp support meetings and the issuing of the Certificate of Completion



# Principles and practices in realising the child's right to play - A Distance Training Course

## Application form



Please fill in the following form:

Full name	
Date of birth	
ID number	
Cell No.	
Landline No.	
Email address	
Full physical address	
Postal Code	
Educational Level /Experience	

If you are representing an organisation:

Name of organisation	
Position in organisation	
Name of director	
Cell No.	

Please check the appropriate answer

Are you sufficiently competent in written English to understand the content of the course and to complete the Assignments?	Yes		No	
Do you have access to a computer?	Yes		No	
Are you able to send/receive emails?	Yes		No	
Are you able to Skype/Zoom?	Yes		No	
or to take a WhatsApp video call?	Yes		No	

Describe the work you are currently involved in:

How do you intend to use the knowledge, skills and understanding of play in the future?

Please submit your application as soon as possible with the email subject line:  
**ACTP Distance Training Sessions application**  
to: [training@a-chance-to-play.org.za](mailto:training@a-chance-to-play.org.za)

**We look forward to your participation. The children are counting on you!**

For more information, please contact:  
**Boipelo Lekwane and Cynthia Morrison**  
+27 11 484 3633 (landline)  
+27 (0) 63 652 5016 (mobile)